

Mt. Tsukuba power spot

Enjoy a hiking course with uniquely shaped rocks

Mt. Tsukuba is dotted with many strange and mysterious rocks and stones, and you can climb the mountain while enjoying the legends and folklore of each one. A huge rock hanging overhead, the "Benkei Nanamodori Rock" looks as if it might fall at any moment, and made even Benkei, a long-ago warrior monk, hesitate to pass under it seven times.

For more information on each power spot.



2 立身石 Rissin-Seki Rock



3 大石重ね Oishi-Kasane



8 北斗岩 Hokuto-Iwa Rock



9 裏面大黒 Rimendaikoku Rock



10 出船入船 Defune-Irifune Rock



4 紫峰杉 Shiho Sugi



5 セキレイ石 Sekirei-Ishi Rock



6 ガマ石 Gama-Ishi Rock



7 大仏岩 Daibutsu-Iwa Rock



13 白蛇弁天 Hakujiyabenten



1 筑波山神社 Tsukubasan-jinja Shrine

TEL 029-866-0502 <https://www.tsukubasanjinja.jp>



Tsukuba-san jinja Shrine, known for the blessings of marital harmony and good fortune, regards Mt. Tsukuba as an object of worship. It has a history of 3,000 years and the precinct of the shrine is about 370ha from the worship hall in the middle of the mountain to the summit. The summit offers a panoramic view of the entire Kanto area.



Tsukubasan Foods you can enjoy at Mt. Tsukuba

Tsukuba Udon noodles, a specialty of Mt. Tsukuba

筑波山名物 つくばうどん

The local specialty udon noodles are made from regional wheat and lotus root powder grown in Ibaraki Prefecture. The soup ingredients are also made from local ingredients such as Tsukuba Akane chicken meatballs, shiitake mushrooms, burdock, and 'rose pork'.



Tsukuba Udon is available at the restaurants with the Tsukuba Udon mark on the map.

MAP 11 Souvenir & Restaurant

神田家 Kanda-ya

We have a nice view!!

We look forward to your visit.
English menu available

722 Tsukuba
(in front of Tsukubasan-jinja Shrine)
TEL 029-866-0044
<https://tsukubasan-kandaya.com/>
Twitter @tsukuba_kandaya

MAP 50

Tsukubasan's blessings for the pottery

Gallery/Lease/Hands on Experience (Reservation required)

窯元 つくば焼

Tsukuba Pottery Kiln
1700-8 Numata, Tsukuba TEL 029-866-2688

Let's go to the summit of Mt. Tsukuba by cable car or ropeway!

筑波山ケーブルカー&ロープウェイ

TSUKUBASAN CABLE CAR & ROPEWAY

Tsukuba Scenic Railway Co. Ltd. TEL 029-866-0611

MAP 49

It's a great adventure in the "forest" of Tsukuba!

FOREST ADVENTURE TSUKUBA

フォレストアドベンチャー・つくば

1688 Numata, Tsukuba
TEL 090-4755-7800

MAP 6

Idemura Parking

822 Tsukuba, Tsukuba City TEL 029-866-0043

MAP 34

Enjoy carefully selected high-quality Hitachi beef at Mt. Tsukuba, also well known as one of the 100 famous mountains of Japan.

常陸牛

Hitachi Wagyu Beef Hitachino たち野

Kazakaeshi-toge 2103-5 Usui, Tsukuba City
TEL 029-866-1221

TSUKUBA WATCHING



"Bihada-no-yu", Mt. Tsukuba hot spring area ("Beautiful Skin" baths)

美肌の湯 筑波山温泉郷



Hot springs at Mt. Tsukuba are simple thermal springs with strong alkalinity, and are called, "hot springs for beautiful skin" because they make the skin smooth. They are recommended not only for overnight guests but also for day-trip bathing after visiting the shrine or climbing the mountain.

※ Facilities that require an entry fee
※ Please understand that there may be days when day-trip bathing is unavailable due to the reservation status or for inspection/cleaning.
Please confirm availability before your visit.

For more information on each hot spring facility.



