

Mt. Tsukuba power spot

Enjoy a hiking course with uniquely shaped rocks

Mt. Tsukuba is dotted with many strange and mysterious rocks and stones, and you can climb the mountain while enjoying the legends and folklore of each one. A huge rock hanging overhead, the "Benkei Nanamodori Rock" looks as if it might fall at any moment, and made even Benkei, a long-ago warrior monk, hesitate to pass under it seven times.

For more information on each power spot.



1 筑波山神社 Tsukubasan-jinja Shrine
Phone 029-866-0502 <https://www.tsukubasanjinja.jp>



Tsukubasan-jinja Shrine, known for the blessings of marital harmony and good fortune, regards Mt. Tsukuba as an object of worship. The summit offers a panoramic view of the entire Kanto area. The historic shrine is located in the middle of the mountain to the summit.

2 立身石 Rissin-Seki Rock

3 大石重ね Oishi-Kasane

4 紫峰杉 Shiho Sugi

5 セキレイ石 Sekirei-Ishi Rock

6 ガマ石 Gama-Ishi Rock

7 大仏岩 Daibutsu-Iwa Rock

8 北斗岩 Hokuto-Iwa Rock

9 裏面大黒 Rimendaikoku Rock

10 出船入船 Defune-Irifune Rock

11 母の胎内くぐり Haha-no-Tainai-Kuguri

12 弁慶七戻り Benkei-Nanamodori Rock

13 白蛇弁天 Hakuujabenten

14 筑波山大御堂 Tsukubasan-Omido Temple
Phone 029-866-0126 <https://tsukubasan-omido.jp/>



Omido Temple, the 25th temple of the 33 Bando Kannon temples, was founded in 782 by the holy priest, Tokuitsu, and later opened as an esoteric Buddhist hall called Chisokuin Chuzenji Temple in 810 by Kobodaishi Kukai. People come here to pray for good luck and fortune such as happy marriage, safe childbirth, well-being of family members, and traffic safety.



つくば WATCHING



15 御霊木 大御堂 スダジイ
Sacred chinquapin tree (Castanopsis sieboldii) at Omido Temple, Mt. Tsukuba



The chinquapin that guards the Omido Temple stands at over 20 meters tall and is more than 400 years old. Its presence is reminiscent of being within a forest, and the patterns on its trunk leave an unforgettable impression.

Summit Picnic
Outdoor Cooking Experience at Mt. Tsukuba
筑波山アウトドア クッキング体験

Enjoy a unique outdoor cooking easily at the Permitted Outdoor Cooking Area at Miyukigahara. Order your choice from the menu below at any store at Miyukigahara. Rental stoves are also available at the stores.

Menu
Nabeyaki Tsukuba Udon (noodle), Rosted green tea with fukuremikan peels, Mixture of spices including fukuremikan peels

For more information

Tsukubasan Foods you can enjoy at Mt. Tsukuba
筑波山名物 つくばうどん
Tsukuba Udon noodles, a specialty of Mt. Tsukuba

The local specialty udon noodles are made from regional wheat and lotus root powder grown in Ibaraki Prefecture. The soup ingredients are also made from local ingredients such as Tsukuba Akana chicken meatballs, shiitake mushrooms, burdock, and 'rose pork'.

◀ Tsukuba Udon is available at the restaurants with the Tsukuba Udon mark on the map.

"Bihada-no-yu", Mt. Tsukuba hot spring area ("Beautiful Skin" baths)
美肌の湯 筑波山温泉郷

Hot springs at Mt. Tsukuba are simple thermal springs with strong alkalinity, and are called, "hot springs for beautiful skin" because they make the skin smooth. They are recommended not only for overnight guests but also for day-trip bathing after visiting the shrine or climbing the mountain.

※ Facilities that require an entry fee
※ Please understand that there may be days when day-trip bathing is unavailable due to the reservation status or for inspection/cleaning. Please confirm availability before your visit.

For more information on each hot spring facility.

MAP 11 Souvenir & Restaurant
神田家 Kanda-ya
We have a nice view!!
We look forward to your visit.
English menu available

722 Tsukuba (in front of Tsukubasan-jinja Shrine)
Phone 029-866-0044
<https://tsukubasan-kandaya.com/>

MAP 50 Tsukubasan's blessings for the pottery
Gallery/Lesson/Hands on Experience (Reservation required)

窯元 つくば焼
Tsukuba Pottery Kiln
1700-8 Numata, Tsukuba Phone 029-866-2688

Let's go to the summit of Mt. Tsukuba by cable car or ropeway!

筑波山ケーブルカー&ロープウェイ
TSUKUBASAN CABLE CAR & ROPEWAY

Tsukuba Scenic Railway Co. Ltd. Phone 029-866-0611

MAP 51

Tsukuba Wanwan Land
579 Numata, Tsukuba City
Phone 029-866-1001

MAP 6

Miyawaki parking Lot
Tsukubasan-Omido Temple
Idemura Sake Shop

Idemura Parking
822 Tsukuba, Tsukuba City Phone 029-866-0043

MAP 34 Enjoy carefully selected high-quality Hitachi beef at Mt. Tsukuba, also well known as one of the 100 famous mountains of Japan.

Hitachi Wagyu Beef
Hitachino 比たち野
Kazakaeshi-toge 2103-5 Usui, Tsukuba City
Phone 029-866-1221

